

The Patient Is the Wildcard!

Douglas Amend, Injured Worker - was not looking to be involved in an injury recovery coaching opportunity until he fell off a mountain. The 300-foot fall during a weekend hike resulted in a fractured back and six-month journey through the perils of rehab. The lessons learned and connections made make Douglas an invaluable partner on the Optimized team. He is devoted to sharing what he learned to help others manage their injuries and fully recover. Doug is a co-founder of Optimized Outcome Solutions.